



## I was not *keeping the baby* no matter what

**When I found out I was pregnant,** my life was very crazy. I had just got out of a verbal and physically abusive relationship with my husband. I had just moved into my new home with my 5 month old daughter. And two months later I was pregnant again. So when I found out, I was depressed and told myself I was not keeping the baby no matter what. I was already depressed and dealing with PTSD and

Healthy Families Initiative is a division of the City of Newport News Department of Human Services, offering home visiting and parenting support for pregnant families and families with newborns. Care Net Peninsula and Healthy Families regularly cross-refer families.

trying to stay strong and take care of my daughter.

When I found out I was pregnant, I felt lower than before. I was so scared and disappointed in myself. So many feelings and emotions and thoughts ran through my head.

I came to Care Net because I had a Healthy Family worker that at the time I was seeing every week. (See insert box.) She told me about Care Net. At first I was going to Care Net for advice about abortion....because once I found out about the baby, abortion was my only option. In my head, abortion would set me free from all of this. All these feelings and emotions.

When I came to Care Net they talked to me and told me my options. They listened to me and helped me to think clearly and stop thinking with fear. They help me to realize it's not the end of the world. They made me feel like I wasn't alone. And they would be there for me. The advocate that day really talked to me and listened.

She has supported me the whole pregnancy...checking up on me... just making it clear I am not alone. She's really helped me stay positive. I needed somebody to talk to more than anything. She gave me that. I hope she knows how much it means to me.

Since coming to Care Net, I am more positive about what I want in life. I realized that people do care about you and there is support out there for you. You're never alone even when you feel like you are. These past few months, I am more ready for my son than ever because of Care Net. I am excited for his arrival more than ever. I regret the day I wanted to get an abortion. I can't wait for my daughter and me to meet him. My daughter is going to be a great big sis and I know I will continue to be a great mom.

*A few months ago Natasha delivered a healthy baby boy, Cameron, pictured above.*

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Executive Director

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Director of Client Services

**Meg Williams, R.N.**  
Nurse Manager

**Carla Branson, R.N.**  
Nurse Manager

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Board Member

## Our Mission

We're a non-profit on a mission to bring practical help and hope in Jesus to women facing pregnancy decisions on the Peninsula.

## Contact Us

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Newport News, VA 23606  
cnpenninsula.org



**Kimberly Logsdon**  
Executive Director

Last month, Supreme Court justices heard arguments in NIFLA vs. Bercerra, based on California law compelling pregnancy centers' speech in violation of the First Amendment. That state's law forces pro-life centers to refer women to abortion clinics, against our principles of faith, or incur steep fines. One headline stated "Freedom of Speech Includes the Right to Remain Silent." While that is true, our culture, and even the Church, is far too often silent on this topic.

During this time, I discovered that Biblical text employs seven Hebrew words for our English word 'praise.' One of those root words, towdah, means to 'extend the hands; to speak the same

## Director's Perspective

thing.' The implication is that we are to raise the hands as in a court of law swearing to speak the truth. How interesting that the act of declaring praise to God carries with it the sense of legally-binding truth profession in the courts of the land!

Your support of our work is towdah. Your actions speak out through every hour volunteered, every diaper you donate, every financial gift you provide that funds our ministry of truthful, compassionate care and free ultrasounds. You are changing the culture. Many expect that California law to be overturned. But looking through this newsletter shows that you are already changing lives right here on the Peninsula and extending your hands in truth.

*for LIFE,  
Kimberly*



Members of Care Net Peninsula's Board of Directors & local Knights of Columbus

## Ultrasound Ribbon-Cutting

Saturday, March 3 was a great day of celebration in our clinic as the Knights of Columbus cut the ribbon on the second ultrasound they have donated to the ministry in the past five years. Twelve parishes worked together to raise funds--matched by the national level Knights--necessary to purchase the \$30,000 sonogram machine. New Covenant Church raised \$1500 over a weekend to donate the exam table. Our expanded clinic now has double the capacity to serve women in need! Thank you, generous community!



From left to right: James Temple and Barry Hellman Jr.

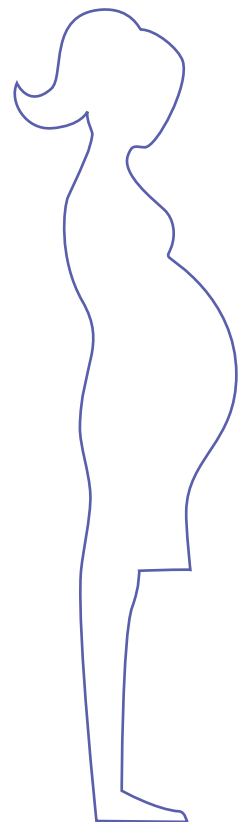
We are pleased to announce the newest members of our strong leadership team! Thank you for your prayers for wisdom and favor for our leadership team and staff members.

### James Temple

Mr. Temple is an Attendance Officer with Newport News Public Schools and Acting Pastor of Immanuel Fellowship Church. He has served on multiple community Boards for the City of Newport News. He is married to Cynthia and enjoys 3 children and 1 grandson. He feels this ministry exemplifies Psalm 111 which sings "great are the works of the LORD."

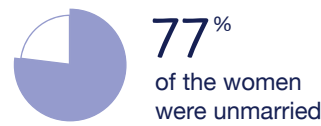
### Barry Hellman Jr., MD

Dr. Hellman is a pathologist affiliated with multiple hospitals in the area. He serves as the Lab Director for Mary Immaculate Hospital. Dr. Hellman received his medical degree from George Washington University School of Medicine and has practiced for more than 20 years. He is married to Cynthia. God gave him an immediate "Yes!" when he prayed about joining Care Net's Board.



## 2017 by the Numbers

522 women were served by Care Net Peninsula in 2017



91 women heard the Gospel

56 teenagers got pregnancy tests

16 made a decision that day to trust Christ

99 women received post-abortion support

95% of women with positive tests received ultrasounds

107\* babies in jeopardy of abortion were given life!

8 out of 10 undecided women chose *Life* for their babies

\*confirmed // unknown outcomes could produce up to a 13% higher number

\$50,602.45  
TOTAL RAISED  
Jan 2017- Dec 2017

## Pennies Add Up!

- All Generations \$1,197.07
- American Heritage Girls \$867.84
- Bethel Baptist Church, Yorktown \$3,877.98
- Beth Moore & Associates \$757.40
- Bethel Temple SAMS \$747.65
- Breakthrough Worship Center \$383.45
- Calvary Reformed Presbyterian \$2,014.68
- Coastal Community Church \$5,065.52
- Cornerstone Fellowship of Christ \$51.75
- Deer Park Baptist Church \$1,121.98
- Denbigh Baptist Church \$649.65
- Denbigh Baptist Joy Club \$195.39
- First United Methodist Church, Fox Hill \$178.26
- Grace Baptist Chapel \$445.25
- Grace Baptist Church \$680.81
- Grace Covenant Presbyterian \$776.30
- Grace Family Fellowship \$311
- Hilltop Gospel Church at Russell House \$154


- Hilton Baptist \$513.86
- Hornsbyville Baptist Church \$263.50
- Immaculate Conception Church \$4,411
- Immanuel Baptist Church \$499.11
- Kiwanis Club of Poquoson \$596.10
- Liberty Baptist, Turner Small Group \$439.55
- Manna Church \$475.75
- Memorial Baptist Church \$315.75
- Newington Baptist Church \$2,037.00
- Northside Christian Church \$4,381.35
- Peninsula Community Chapel \$1,622.71
- Pine Chapel Baptist Church \$596.40
- Poquoson Baptist Church \$3,250.12
- Reformation Christian Fellowship \$1006.65
- Riverside Baptist Church \$410.50
- Seaford Baptist Church \$3,281.28
- Severn Church \$2,951.48
- Singleton United Methodist Church \$418.52
- St. Jerome's Catholic Church \$2,001.10
- Temple Baptist Church \$670.84
- Williamsburg Community Chapel, Senior Adults \$652.15
- Yorktown Baptist Church \$331.75


Total: \$50,602.45



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Newport News, VA 23606

Return Services Requested

 Like our page on Facebook  
Care Net Peninsula

 Follow us on Twitter  
@carenettweets



Thank you for  
giving this child life  
*...story inside*

Non-Profit Org.  
Marketing Mail  
U.S. Postage  
PAID  
Newport News, VA  
Permit No. 321



Monthly partners  
are on the rise!  
Join us?



### PRAY

For us to meet  
surging demand  
for our services



### DONATE

We need  
diaper bags



### ENGAGE

Book a baby  
bottle fundraiser  
for your  
church/group



### COMMIT

Give monthly:  
all \$ save lives

CareNetPeninsula.org

SPRING 2018

I have made you.

**I WILL**  
*carry you.*

I will  
**SUSTAIN**  
you

**& I WILL**  
*rescue you.*

Isaiah 46:4

Baby LillyAnn pictured

