



IMPACT REPORT

**CAN A COMMUNITY CHANGE
THE CULTURE OF ABORTION
ON THE VIRGINIA PENINSULA?**

Abortion on the Peninsula



There were **1,524** babies aborted on the Peninsula in 2017. The first rise in abortion after a decade of decline. What's more, one of every three babies conceived by teenage mothers in our cities was aborted.



When I found out I was pregnant, I was so scared and disappointed in myself. So many feelings and thoughts ran through my head.

Rashonda, Alcove Health Client
Alcove Health is the clinic operated by Care Net Peninsula.

2018 Impact

OUR CLINIC SERVED OVER **600** WOMEN IN 2018 BY PROVIDING:



456
PREGNANCY TESTS



388
ULTRASOUNDS



133
BIRTHS (VERIFIED)



67
FAITH PROFESSIONS



21,425
DIAPERS DISTRIBUTED

Because of you, families exist!



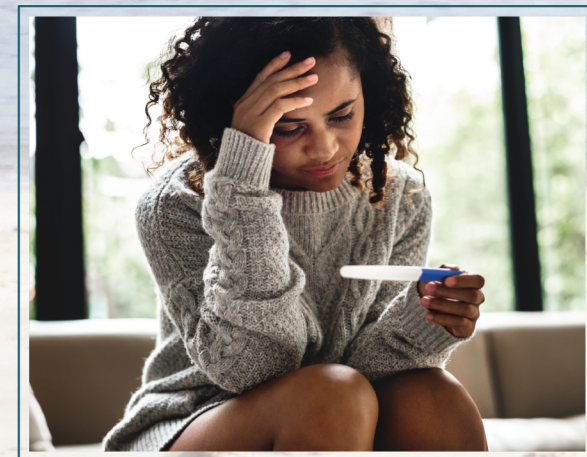
*Serve Moms.
Save Babies.*

YES! YOU ARE CHANGING THE CULTURE OF ABORTION ON THE PENINSULA. WHEN YOU INVEST IN CARE NET, YOU PROVIDE THE HELP & HOPE LOCAL WOMEN NEED TO CHOOSE LIFE FOR THEIR BABY.

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“Care Net offers an incredible opportunity to meet people in their place of need. I feel honored to be a part of this professional, compassionate ministry.”

Dr. Elizabeth Lunsford, MD
Medical Director

Women in unplanned pregnancies often feel scared and alone. We want Alcov Health® to be their first call. That's because we provide counseling, ultrasounds, parenting support and more. All for free.

When local moms have the support they need, they are *truly* empowered to choose **LIFE** for their babies.

our history



2012

Launched medical services with first ultrasound, Medical Director and RNs.



1986

Peninsula Crisis Pregnancy Centers opens for the first time.



2017

Expanded capacity by opening a stand-alone clinic named Alcov Health.



2005

Established as Care Net Resource Pregnancy Center



2018

Served a record number of women; "named Non-Profit of the Year by the Newport News Human Rights Commission"

ALCOVE HEALTH SERVICES

Options Counseling
Adoption, Medical & Community Referrals

Pregnancy Confirmation by Ultrasound
Lab Quality Pregnancy Tests

Parenting Support
Baby & Maternity Needs

Surrender the Secret
Abortion Recovery Support Group

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How YOU Fund The Work



14%
INDIVIDUAL GIFTS



27%
MONTHLY PARTNERS



11%
CHURCHES



10%
BABY BOTTLES4LIFE

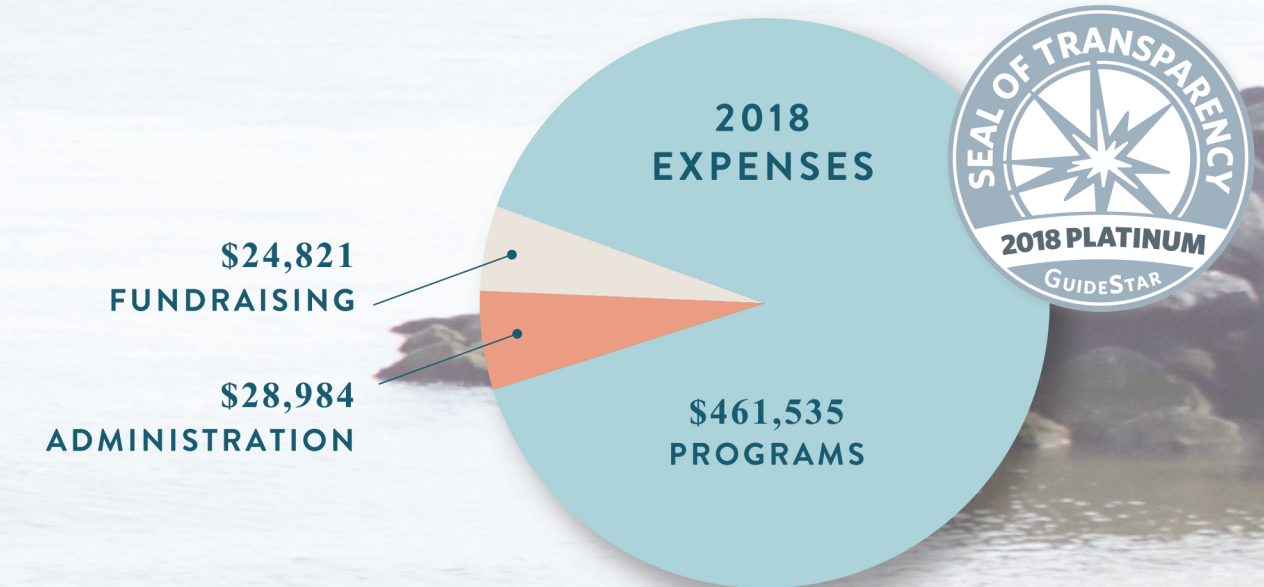


18%
WALK 4 LIFE



20%
PENINSULA4LIFE DINNER

In 2018, volunteers donated **2,167** hours, valued at over **\$50K**



CARE NET PENINSULA IS A NON-PROFIT ON A MISSION TO BRING PRACTICAL HELP & HOPE IN JESUS TO WOMEN FACING PREGNANCY DECISIONS ON THE VIRGINIA PENINSULA.

Truth Telling Through the Pain

In the US, one in four women will have at least one abortion by the time she is age 45. No matter one's philosophical, religious or political views on abortion, the actual experience can negatively affect women personally and psychologically. Reasons for having an abortion are always highly personal, but many women indicate that the decision to abort was a response to a stressful circumstance. Unfortunately, many women end up suffering from Post-Abortion Syndrome (PAS).

Our communities, our congregations, and our households have abortion in our story. It's part of who we are on the Peninsula. Yet, abortion remains one of the great unspoken secrets among us. Many women who came through our doors with a new pregnancy decision last year already had past abortions. Compassionate community support allowed vulnerable conversations to take place with these women and their partners, without shame. Your support also provided abortion recovery support groups — known as Surrender the Secret — to women on the Peninsula. If you'd

like to know more about this recovery group, please contact our Director of Client Services at 757-591-8141.

SYMPTOMS OF POST-ABORTION SYNDROME

- Guilt
- Sadness, Grief, Regret
- Numbness, Depression, Anxiety Disorders
- Flashbacks
- Alcohol/Substance Abuse
- Suicidal Thoughts/Self-Destructive Tendencies



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