



# No More Hiding

*A woman who participated in Care Net Peninsula's Abortion Recovery Bible Study program shares about her experience. Applications are now being accepted for our Spring 2017 group.*

When I saw the undercover video exposing Planned Parenthood, I was horrified. I tried to get as far away from the TV as possible. Tears began to flow and I ended up on the floor face down, completely undone. *Where did that come from?* It had been 34 years since my own abortion when I was 19. I didn't cry about it anymore. I had since become a follower of Jesus and knew I was forgiven. But hearing of babies being dissected and body parts sold was a shock. In that moment, I was unable to disconnect from my own pain anymore. Something shook loose. I have three beautiful children and it's still hard to think

*“Where did that come from?  
It had been 34 years since  
my own abortion”*

about the one I chose to kill. *Did they dissect him also?* I felt confused and angry. Attempts at ignoring this were impossible. Self-condemnation and deep shame were too strong. Mostly, my heart hurt. I thought about who he could have been and how he could have affected our family. I robbed him of life. I felt like an awful person.

I had lunch with a friend who works for Care Net Peninsula and told her about that moment. She was among only a handful of people I've told about my abortion. When she encouraged me to consider joining the upcoming abortion healing Bible study, I felt very vulnerable. It's over

and done. Honestly, I felt I deserved to have to live with this. After much thought, however, I decided to go.

I was uncomfortable walking in that first night, but after meeting everyone in the small group I felt better. It was a very comfortable environment and I felt good about taking it one meeting at a time.

I grew to LOVE the women in my group. We were all so different yet bound together by our decision to abort our children. I listened to their stories. I cried over their pain. I relentlessly prayed for their healing. I was angry with those around them who failed to protect their hearts (and their babies!)... parents, husbands, boyfriends! I was angry at our culture which fostered an industry which damages women, men and children. My husband took (*continued inside*)



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Our Mission

We’re a non-profit on a mission to bring practical help and hope in Jesus to women facing pregnancy decisions on the Peninsula.

Contact Us At

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Newport News, VA 23606

CareNetPeninsula.org



Kimberly Logsdon  
Executive Director

In January 1984, President Ronald Reagan issued a presidential proclamation designating a

National Sanctity of Human Life Day on the (then) 11th anniversary of Roe v. Wade (the Supreme Court ruling that guaranteed women access to abortion) which, in his words, “Struck down our laws protecting the lives of unborn children.” We annually observe this every third Sunday in January, close to the original January 22 date.

In our cover story, a woman who came to Care Net Peninsula to pursue healing years after her abortion realizes she had unvoiced anger with individuals and an abortion-prioritizing culture who failed to protect her as a vulnerable teenager—or the life of her unborn baby.

continued from front page...

this journey with me and revisited his own hand in this awful decision.

It became clear to me as the weeks went by that I had work to do. I harbored anger and contempt. I did not have compassion or tears for myself. I processed things in my head, but disconnect from my heart. Why do I have little memory of the procedure itself? Why all of a sudden do I feel so sad? Years of stuffing the pain did not make it go away.

By coming to this Care Net Peninsula’s program, I finally reflected on the trauma that I went through 34 years ago. I learned to come out of hiding and not let shame cause me to hide from the One who wants to heal me. My children now know. This is a relief. I feel free. I am thankful to have found Care Net Peninsula. I am the mother of four. I can say that out loud and feel sadness, but not despair.

Director’s Perspective






Your support is the antidote that fosters an alternative to what she experienced. Your support of Care Net Peninsula’s work protects babies and the hearts of young women and their partners. Every week here, you care for all of these inviolable lives and help transform relationships.

Your counter-cultural support is changing our cities. Last month, Virginia Department of Health reported that 7.5% less abortions happened in our state in 2015. The report also shows that the abortion facility on the Peninsula performed 16.5% less abortions last year!

You are messing up the abortion industry’s business of mass destruction with truth and love. Don’t stop. Don’t get weary. Keep the faith. Protect all life.

for LIFE,  
Kimberly

2016  
By the Numbers

	2016	2015	2014
Client Appointments 	1337	1070	554
Women Served 	513	425	282
Ultrasounds 	314	263	139
Hours of Parenting Enrichment 	228	20	n/a
Diapers 	9525	6875	unknown

\$38,327.09  
TOTAL RAISED  
Jan 2016- Dec 2016

Pennies  
Add Up!

Beth MacLeod Drive *in progress*  
Bethel Baptist - Yorktown \$4,453.59  
Bethel Temple SAMS \$380.60  
Breakthrough Worship Center \$559.90  
BridgePointe \$1,051.00  
Calvary Assembly of God \$986.69  
Calvary Reformed Pres. \$1,932.29  
Coastal Community \$5,305.85  
Deer Park Baptist \$797.81  
Denbigh Baptist \$777.22  
Denbigh Baptist Joy Club \$178.90  
First UMC Fox Hill \$315.70

Freedom Life Church \$3,927.39  
God’s Girls Bible Study \$220.00  
Grace Baptist Chapel *in progress*  
Grace Baptist \$582.29  
Grace Church *in progress*  
Grace Covenant Pres. \$1,439.00  
Grace Family Fellowship *in progress*  
Hilltop Gospel Church at Russell House *in progress*  
Hilton Baptist Ladies Group \$207.11  
Liberty Baptist Small Group \$439.69  
New Bethel Baptist \$266.50  
New Covenant \$1942.49  
Newington Baptist \$1,545.00  
Northside Church \$4,054.97  
Peninsula Community Chapel \$1,350.19  
Poquoson Kiwanis Club *in progress*  
Riverside Baptist \$632.75  
Seaford Baptist \$1,677.67  
Singleton United Methodist \$719.61  
Smith Memorial Baptist \$310.45  
St. Jerome \$1,281.75  
Todds Lane Bible Church \$152.49  
Yorktown Baptist *in progress*  
Warwick Assembly of God \$834.19



Walk  
4  
LIFE  
2017

SAVE THE DATE: APRIL 29<sup>TH</sup> 2017

Team Leaders Needed!

The role of a Team Leader is to spread the word in your church about Walk 4 Life and form a team to raise funds and walk.

We will be hosting Team Leaders Information Sessions in February.

Call Brayden at 757-975-8188 or email [brayden@carenetrpc.com](mailto:brayden@carenetrpc.com) for details.

GET READY TO WALK!







11747 Jefferson Avenue, Suite 3H  
Newport News, VA 23606



31 babies each week are lost  
to abortion on our Peninsula.  
Will you make a monthly gift  
of \$31 to help fight back?

Non-Profit Org.  
U.S. Postage  
PAID  
Newport News, VA  
Permit No. 321

Return Services Requested

## Surrendering the Secret

- SPRING 2017 -

Our 9 week Abortion Bible Study  
starts in March. Applications  
required. Call 757-975-8191  
(Shantelle) to get started.



Like our page on Facebook  
Care Net Peninsula



Follow us on Twitter  
@CareNetRPC



### PRAY

For women  
and babies  
we see in 2017



### DONATE

Hooded bath  
towels & diaper  
bags needed



### ENGAGE

Be a Walk 4 Life  
Team Leader



### COMMIT

Give monthly:  
\$1 a day to fight  
abortion?

CareNetPeninsula.org

WINTER 2017

We had to share one more shot of the baby we featured on our  
Christmas card. The name of this child that your support helped means  
'Christ-bearer the King.'

# we are His heirs

And since we are  
His children, we  
are his heirs. In  
fact, together with  
Christ, we are heirs  
of God's glory.

**Romans 8:17**

ROSLYN GERVIN CUSTOM PHOTOGRAPHY